

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
1	1	01:04:19	541	NUNO CARRAÇA	M SENIORES	URCA
2	1	01:08:41	1007	JOEL MARTINS	M 35	CUAB
3	2	01:09:53	897	DAVID INACIO	M SENIORES	JDAL
4	2	01:10:11	1032	PAULO PINHEIRO	M 35	CG
5	3	01:10:49	817	PEDRO JANUARIO	M 35	INDIVIDUAL
6	3	01:11:08	951	Miguel Fortunato	M SENIORES	ASC
7	1	01:11:23	250	José Lair	M 40	G.D.R.S. FRANC. SERRA
8	2	01:12:02	206	JOAO CORREIA	M 40	INDIVIDUAL
9	4	01:12:22	1051	JOAO CRISTOVÃO FERREIRA	M SENIORES	SLB
10	1	01:12:32	966	JORGE CORREIA	M 45	CBA
11	3	01:13:05	504	FERNANDO PEREIRA	M 40	GFDRUNNING
12	5	01:13:38	249	Filipe Correia	M SENIORES	G.D.R.S. FRANC. SERRA
13	4	01:13:50	778	LUIS CANCELA	M 40	N. SCP torres novas
14	6	01:14:31	1009	MIGUEL RODRIGUES	M SENIORES	CL.NAT.RIOMAIOR
15	7	01:14:37	952	Nuno Ribeiro	M SENIORES	ASC
16	8	01:14:49	1010	MIGUEL CARVALHO	M SENIORES	SLB
17	2	01:14:54	341	João Inocêncio	M 45	AVS
18	1	01:15:00	902	José Custódio	M 50	CFB
19	9	01:15:26	820	BRUNO GAMITO	M SENIORES	G.D.R.S. FRANC. SERRA
20	5	01:15:42	611	LUIS FERREIRA	M 40	SNR
21	10	01:16:12	442	CARLOS RASTEIRO BARBARA	M SENIORES	INDIVIDUAL
22	11	01:16:13	1050	LEONARDO PEREIRA ANICET	M SENIORES	SLB
23	3	01:16:23	797	MIGUEL CORREIA	M 45	CLDESPARNEIRO
24	6	01:16:36	1003	ARMANDO MONTEIRO	M 40	CORRERLISBOA
25	12	01:16:42	950	Joaquim Cerqueira	M SENIORES	ASC
26	13	01:16:43	949	Tiago Pinto	M SENIORES	ASC
27	4	01:16:53	107	Pedro Capela	M 35	GAU BAJOUCA
28	5	01:17:05	438	MARCO FRANCO	M 35	CAFZZ
29	14	01:17:08	245	Emanuel Diogo	M SENIORES	G.D.R.S. FRANC. SERRA
30	4	01:17:11	601	SÉRGIO SANTOS	M 45	RMTRI
31	1	01:17:11	604	ANA FILIPA SANTOS	F 35	RMTRI
32	15	01:17:26	792	GILDO SILVA	M SENIORES	CCRD BURINHOSA
33	6	01:17:37	61	JOÃO CANIÇO	M 35	3B
34	16	01:17:40	858	NUNO REBOCHO	M SENIORES	BVMONTEMORONOVO
35	5	01:17:44	683	JORGE GONÇALVES	M 45	3B
36	7	01:17:48	648	Omar Garcia	M 35	A20KM
37	7	01:18:09	1004	JOSE MIGUEL PAIS	M 40	CORRERLISBOA
38	2	01:18:13	895	INES HENRIQUES	F 35	CL.NAT.RIOMAIOR
39	17	01:18:16	1001	PEDRO CARDOSO	M SENIORES	CORRERLISBOA
40	18	01:18:26	331	Ricardo Silva	M SENIORES	CLAC
41	6	01:18:29	300	JOAQUIM PATO	M 45	KANGAROO RUNNERS
42	19	01:18:44	693	ANDRE GAGA	M SENIORES	RUNNINGESPINHO
43	8	01:18:46	935	João Filipe Ferreira	M 35	AVR
44	20	01:18:50	940	MARCO ENCARNAÇÃO	M SENIORES	A20Km - ATL
45	21	01:18:51	49	Peter Romão	M SENIORES	PXC
46	9	01:19:01	921	Miguel Ribeiro	M 35	C.C.C.D.A
47	8	01:19:04	320	Alcino Nunes	M 40	CLAC
48	22	01:19:05	989	Elvino Galego	M SENIORES	TM
49	1	01:19:06	600	EMILIO PAULINO	M 55	ACPORTALEGRE/UTSM
50	9	01:19:12	12	CARLOS ALVES CAETANO	M 40	CORRERLISBOA
51	10	01:19:18	926	MICAEL AGOSTINHO	M 35	INDIVIDUAL
52	23	01:19:20	161	DAVID VILAS	M SENIORES	A A AGUALVA
53	24	01:19:28	818	ADRIANO RIBEIRO	M SENIORES	INDIVIDUAL
54	25	01:19:43	968	TIAGO NASCIMENTO TOMÁS	M SENIORES	AMEIXA team

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
55	11	01:20:04	681	BRUNO FONSECA	M 35	3B
56	10	01:20:07	499	RUI PEREIRA	M 40	PXC
57	1	01:20:15	602	KIM MANGROBANG	F SENIORES	RMTRI
58	26	01:20:15	898	SERGIO OLIVEIRA	M SENIORES	JDAL
59	7	01:20:16	1077	PEDRO MESTRE	M 45	RMTRI
60	2	01:20:21	338	Paulo Povia	M 50	AVS
61	11	01:20:24	928	ROMEU CORREIA	M 40	SCUT
62	3	01:20:30	359	ANTONIO SILVA	M 50	cpa-s
63	4	01:20:39	496	RICARDO SIMOES	M 50	EAC
64	5	01:21:00	332	JOSE GOMES	M 50	CLAC
65	12	01:21:09	892	Gonçalo Roque	M 40	SUMOL+COMPAL
66	8	01:21:15	248	Luis Pereira	M 45	G.D.R.S. FRANC. SERRA
67	9	01:21:29	512	LUIS MIGUEL AMORIM	M 45	SRC
68	27	01:21:31	583	DUARTE BRITO	M SENIORES	NAZAbóboda
69	10	01:21:43	412	PAULO BORGES	M 45	SANOFI
70	11	01:21:45	802	FERNANDO CANDEIAS	M 45	SSCGD
71	2	01:21:51	598	MANUEL CEIA	M 55	ACPORTALEGRE/UTSM
72	13	01:21:53	915	PAULO MIGUEL	M 40	CL.NAT.RIOMAIOR
73	12	01:22:00	94	João Maciel	M 35	INDIVIDUAL
74	6	01:22:02	655	Paulo Alexandre Correia	M 50	A20KM
75	1	01:22:05	1083	RUI RODRIGUES	DEF 2	ASSOCIAÇÃO JORGE PINA
76	28	01:22:06	322	Rui Martins	M SENIORES	CLAC
77	12	01:22:06	974	LUIS MORGADO	M 45	SNR
78	2	01:22:11	916	DANIELA CARDOSO	F SENIORES	INDIVIDUAL
79	7	01:22:27	997	GILBERTO FERNANDES	M 50	INDIVIDUAL
80	13	01:22:30	388	RICARDO JORGE	M 35	LPPTRUNNERS
81	14	01:22:31	386	HORACIO NUNES ALEXANDRE	M 35	ACADEMIAPRO
82	8	01:22:38	584	JOSÉ BRITO	M 50	NAZAbóboda
83	13	01:22:43	387	LUIS VIEIRA	M 45	VALEFIGUEIRA
84	29	01:22:45	740	DANIEL SOUSA BAPTISTA	M SENIORES	CAB
85	14	01:22:46	70	LUÍS OLIVEIRA	M 45	CBAMM
86	3	01:22:47	279	JOSE PAJINHA	M 55	C A ODIMARQ
87	9	01:22:47	1034	PEDRO MARQUES	M 50	CG
88	30	01:22:54	964	ANTONIO ALMEIDA	M SENIORES	CBA
89	31	01:22:55	961	Luis Marafuz	M SENIORES	ASC
90	15	01:22:59	1049	JOAO FERNANDES	M 35	cpa-s
91	32	01:23:04	658	FABIO DOMINGOS	M SENIORES	INDIVIDUAL
92	33	01:23:07	679	JOAO CARMO	M SENIORES	CPR.A-DO-BARBAS
93	14	01:23:15	862	JOÃO RODRIGUES	M 40	BVMONTEMORONOVO
94	15	01:23:27	271	HUGO NALHA	M 40	CDAGUIASALPIARCA
95	34	01:23:32	1066	RICARDO ARAUJO	M SENIORES	INDIVIDUAL
96	15	01:23:33	383	DAVID LOPES	M 45	INDIVIDUAL
97	35	01:23:34	244	Hugo Gonçalves	M SENIORES	G.D.R.S. FRANC. SERRA
98	16	01:23:35	920	Paulo Roque	M 40	INDIVIDUAL
99	16	01:23:41	1021	SACHA PEREIRA MATIAS	M 35	CL.NAT.AMADORA
100	16	01:23:42	93	SERGIO P.BATALHA	M 45	3B
101	36	01:23:44	360	CLAUDIO COTRIM	M SENIORES	cpa-s
102	10	01:23:44	89	VITOR SILVA	M 50	CBAMM
103	17	01:23:57	587	Pedro Farto	M 35	APR
104	17	01:24:00	453	LUIS GOMES	M 45	UFCIT
105	18	01:24:02	384	JORGE SIRGADO	M 45	OSMATRECS
106	17	01:24:04	1005	PAULO SANTOS	M 40	CORRERLISBOA
107	19	01:24:06	555	NUNO LORVAO	M 45	CCRD BURINHOSA
108	37	01:24:09	500	JOSE BRANCO	M SENIORES	INDIVIDUAL

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
109	20	01:24:17	449	RUI CABRAL	M 45	WIKABOO
110	1	01:24:25	424	JAIME SANTOS	M 60	CSEM
111	11	01:24:25	211	RUI GUIA PERDIGÃO	M 50	C.A.S.P.A.
112	21	01:24:29	409	ANIBAL JOSE COSTA	M 45	SANOFI
113	22	01:24:38	697	JOSE MORGADO	M 45	INDIVIDUAL
114	18	01:24:41	967	SAMUEL EUGÉNIO	M 40	NSCPG
115	12	01:24:42	840	JOSE ALBERTO BAPTISTA	M 50	GRCD Leião
116	18	01:24:46	703	EDUARDO SANTOS	M 35	INDIVIDUAL
117	13	01:24:53	10	JOSE TEODOSIO	M 50	INDIVIDUAL
118	19	01:24:54	603	GRÉGORY BERGE	M 35	RMTRI
119	38	01:24:55	686	TIAGO CORREIA	M SENIORES	GDAGUIASMOITA
120	19	01:24:57	30	PAULO JORGE SILVESTRE	M 40	CL.A.A.CARTAXENSE
121	14	01:24:58	659	FERNANDO DOMINGOS	M 50	INDIVIDUAL
122	23	01:24:59	731	JOÃO PEDRO GAMEIRO	M 45	INDIVIDUAL
123	39	01:25:02	801	CARLOS GONÇALVES	M SENIORES	ENR
124	24	01:25:03	102	José Gonçalves	M 45	GAU BAJOUCA
125	40	01:25:09	79	DINIS CARTAS	M SENIORES	CBAMM
126	15	01:25:09	668	JOAQUIM ALEXANDRE	M 50	U.R.D.A.
127	25	01:25:16	87	JOÃO AFONSO	M 45	CBAMM
128	41	01:25:19	1031	JOÃO PEDRO FIGUEIREDO	M SENIORES	CG
129	42	01:25:19	628	VITOR CASTRO	M SENIORES	C.C.D. "O ALVITEJO"
130	43	01:25:25	550	FILIPPE TORRES	M SENIORES	INDIVIDUAL
131	20	01:25:26	108	Pedro Pedrosa	M 35	GAU BAJOUCA
132	21	01:25:29	316	MARIO RUI TORDO DIAS	M 35	INDIVIDUAL
133	16	01:25:32	451	RUI REIS MONTEIRO	M 50	ACPORTALEGRE/UTSM
134	26	01:25:33	772	LUIS NOBRE	M 45	NB
135	44	01:25:35	498	JOÃO PIRES	M SENIORES	CTA
136	45	01:25:40	973	Rodrigo Galão	M SENIORES	20kmsDespMontanha
137	17	01:25:45	574	Vitor Lopes	M 50	INDIVIDUAL
138	27	01:25:46	750	Dinis Prudencio	M 45	INDIVIDUAL
139	22	01:25:47	261	LUIS FELICIO	M 35	OSTRINCAESPINHAS
140	46	01:25:50	297	David Manuel Sampaio Alfaiate	M SENIORES	A20KM
141	28	01:25:58	672	PEDRO RODRIGUES	M 45	CPR.A-DO-BARBAS
142	47	01:25:59	567	HUGO GAMAS DE MATOS	M SENIORES	CMBSR-T
143	20	01:26:00	179	CARLOS SANTOS	M 40	CCRD BURINHOSA
144	18	01:26:01	959	João Hipólito	M 50	ASC
145	48	01:26:02	773	NUNO MELICIO	M SENIORES	NB
146	21	01:26:06	226	FERNANDO CATARINO	M 40	CBAMM
147	22	01:26:07	396	Nuno Alexandre Pita	M 40	CCDTML
148	49	01:26:08	362	PAULO PEREIRA	M SENIORES	cpa-s
149	50	01:26:10	757	Paulo Marques	M SENIORES	UFCIT
150	4	01:26:11	999	VITOR RIBEIRO	M 55	INDIVIDUAL
151	23	01:26:16	556	FABIO MARTINS	M 35	CAN
152	51	01:26:17	626	GONÇALO MARTINS	M SENIORES	INDIVIDUAL
153	24	01:26:20	501	MARIO COUTO	M 35	INDIVIDUAL
154	52	01:26:21	595	HÉLDER MELO	M SENIORES	ACPORTALEGRE/UTSM
155	19	01:26:22	1076	JOÃO MARTINS	M 50	INDIVIDUAL
156	3	01:26:23	998	DULCINEA SILVA	F 35	INDIVIDUAL
157	20	01:26:23	728	Anibal Godinho	M 50	Caracol Trail Team
158	5	01:26:26	168	José Pereira	M 55	Perigosos
159	25	01:26:30	114	CASIMIRO GOMES	M 35	INDIVIDUAL
160	21	01:26:41	554	JOSE GERARDO	M 50	CAN
161	26	01:26:42	827	NELSON MOREIRA	M 35	AHBE
162	29	01:26:43	426	GABRIEL ALVES	M 45	INDIVIDUAL

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
163	23	01:26:45	405	JOAO PASTOR	M 40	CCDTML
164	24	01:26:50	1073	PAULO CORREIA	M 40	INDIVIDUAL
165	22	01:26:53	382	ANTONIO TIBURCIO	M 50	INDIVIDUAL
166	30	01:26:58	1063	PAULO SÁ	M 45	INDIVIDUAL
167	3	01:27:01	953	Sofia Hipólito	F SENIORES	ASC
168	2	01:27:06	395	Manuel Barros Costa	M 60	CCDTML
169	25	01:27:07	572	JOAO PEDRO OLIVEIRA	M 40	CCDTML
170	53	01:27:15	1065	BRUNO RAPOSEIRA	M SENIORES	CDAGUIASALPIARCA
171	23	01:27:16	530	JOAQUIM FERNANDES	M 50	LEBRES DO SADO
172	3	01:27:27	75	JOSÉ INOCÊNCIO	M 60	CBAMM
173	6	01:27:28	870	ANTONIO GASPAR	M 55	BVMONTEMORONOVO
174	31	01:27:30	355	FERNANDO CASTELA	M 45	SNR
175	32	01:27:33	769	VITOR PIRES	M 45	cpa-s
176	54	01:27:36	1013	JOSE CACHOLA MESTRE	M SENIORES	INDIVIDUAL
177	27	01:27:48	526	Mário Remigio	M 35	PXC
178	26	01:27:55	207	NUNO PAULINO	M 40	CDAGUIASALPIARCA
179	27	01:27:59	178	Dário Cabete	M 40	CCRD BURINHOSA
180	33	01:28:01	1070	JOAO ESTEVES	M 45	PANELAMAGICA
181	28	01:28:03	365	JOAO PEDRO LOURO	M 35	Ondalux
182	24	01:28:09	990	Francisco Torrinha	M 50	TM
183	55	01:28:09	795	DIOGO DUARTE	M SENIORES	CCRD BURINHOSA
184	34	01:28:10	842	HELDER BEXIGA	M 45	ALVERCAURBANRUNNERS
185	35	01:28:12	767	MANUEL SILVA	M 45	VILANOVENSETOMAR
186	36	01:28:13	710	ANTÓNIO JOSÉ VITORINO	M 45	HP
187	29	01:28:14	532	FERNANDO ANDRADE	M 35	Perigosos
188	56	01:28:15	674	FRANCISCO SOUSA	M SENIORES	CPR.A-DO-BARBAS
189	4	01:28:18	955	Ana Filipa Sampaio	F SENIORES	ASC
190	28	01:28:18	324	Luis Mota	M 40	CLAC
191	30	01:28:21	899	DANIEL INACIO	M 35	JDAL
192	37	01:28:22	569	PAULO LOPES SILVA	M 45	INDIVIDUAL
193	38	01:28:24	481	ANTONIO FRANCO	M 45	ATLFAROLPENICHE
194	29	01:28:25	811	JOAO MOTA	M 40	INDIVIDUAL
195	30	01:28:34	1033	ADRIANO ARAÚJO	M 40	CG
196	39	01:28:37	758	ANTONIO MONTEIRO	M 45	SCD Glória do Ribatejo
197	40	01:28:38	414	JOSÉ CARLOS FERNANDES	M 45	INDIVIDUAL
198	57	01:28:39	660	Márcio Lopes	M SENIORES	INDIVIDUAL
199	31	01:28:41	519	Miguel Barba	M 35	PXC
200	25	01:28:44	790	CARLOS DUARTE	M 50	CCRD BURINHOSA
201	41	01:28:44	177	Carlos Soares	M 45	CCRD BURINHOSA
202	58	01:28:47	283	FILIPE PATRICIO	M SENIORES	INDIVIDUAL
203	42	01:28:49	234	MANUEL MATOS	M 45	C.C.D. "O ALVITEJO"
204	4	01:28:50	846	ALBERTO GRAÇA	M 60	UFCIT
205	26	01:28:51	798	JOSE MAIO	M 50	CLDESPARNEIRO
206	32	01:28:55	123	TIAGO FIDALGO	M 35	FIDALGOS
207	33	01:29:02	1056	HELDER QUINTINO	M 35	INDIVIDUAL
208	59	01:29:04	51	Miguel Paulino	M SENIORES	PXC
209	60	01:29:08	357	ANDRE MANUEL MAIA	M SENIORES	INDIVIDUAL
210	27	01:29:10	224	ANTONIO ROSADO	M 50	EFC
211	28	01:29:12	272	JOÃO COUTINHO	M 50	INDIVIDUAL
212	43	01:29:19	520	Jacinto Ferreira	M 45	PXC
213	31	01:29:21	340	Jorge Janeiro	M 40	AVS
214	29	01:29:22	505	JOSÉ CARLOS	M 50	PAPAGAIOS CASCAIS
215	5	01:29:25	906	AIRES SÃO PEDRO	M 60	INDIVIDUAL
216	61	01:29:25	724	Telmo Nogueira	M SENIORES	Fragosos

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
217	44	01:29:26	263	MIGUEL PEREIRA	M 45	INDIVIDUAL
218	32	01:29:26	676	NUNO JORGE	M 40	CPR.A-DO-BARBAS
219	62	01:29:30	794	ANDRE SALGUEIRO	M SENIORES	CCRD BURINHOSA
220	63	01:29:31	766	JOAO FILIPE RECTO	M SENIORES	INDIVIDUAL
221	6	01:29:32	762	ISIDRO SERRA	M 60	SCM
222	64	01:29:32	675	MARCIO SOUSA	M SENIORES	CPR.A-DO-BARBAS
223	7	01:29:33	27	JOSE MANUEL FAUSTINO	M 60	INDIVIDUAL
224	65	01:29:38	692	VITOR RITO	M SENIORES	RUNNINGESPINHO
225	30	01:29:39	454	RUI BARREIROS	M 50	INDIVIDUAL
226	45	01:29:41	563	JOSÉ GUIMAS	M 45	OSMATRECOS
227	31	01:29:46	296	RUI VASQUES	M 50	CCD PM CASCAIS
228	33	01:29:56	443	AIRES DUARTE	M 40	CMBSR-T
229	34	01:30:02	653	Luis Fróis	M 35	A20KM
230	66	01:30:05	462	LUIS BOINO	M SENIORES	INDIVIDUAL
231	5	01:30:12	948	Pauline Vie	F SENIORES	ASC
232	67	01:30:16	366	MARCIO ANDRADE	M SENIORES	Ondalux
233	35	01:30:18	650	Joel Simões	M 35	A20KM
234	68	01:30:18	930	João Silva	M SENIORES	C.C.C.D.A
235	46	01:30:19	864	HELIODORO ARRANJA	M 45	BVMONTEMORONOVO
236	36	01:30:24	321	Nelson Oliveira	M 35	CLAC
237	37	01:30:27	176	Maurício Rodrigues	M 35	CCRD BURINHOSA
238	47	01:30:29	561	AURÉLIO RODRIGUES	M 45	OSMATRECOS
239	48	01:30:29	594	DUARTE ANTUNES	M 45	OSMATRECOS
240	32	01:30:29	807	JOSE BADALO	M 50	ADCSABALDIO
241	69	01:30:39	1061	JOAO VASCO NUNES	M SENIORES	INDIVIDUAL
242	33	01:30:41	1067	DAVID JESUS	M 50	PACEMAKERS
243	7	01:30:44	993	MANUEL TAVARES	M 55	RUNPIRILAMPO
244	38	01:30:44	814	DUARTE COSTA	M 35	INDIVIDUAL
245	8	01:30:49	336	Leonel Neves	M 60	AVS
246	70	01:30:57	1054	JOÃO PEDRO FERREIRA	M SENIORES	INDIVIDUAL
247	71	01:30:58	1059	João Fernandes	M SENIORES	INDIVIDUAL
248	34	01:30:59	1042	MIGUEL VELEZ	M 50	C.LISBOA.C
249	34	01:31:02	527	XAVIER SOUSA	M 40	GDPCD
250	8	01:31:04	400	CARLOS NELSON DIAS	M 55	CCDTML
251	72	01:31:09	494	RUI DA SILVA	M SENIORES	RRSC
252	39	01:31:09	493	PAULO RODRIGUES	M 35	RRSC
253	35	01:31:10	389	António Elísio Gonçalves	M 50	CCDTML
254	49	01:31:14	413	CARLOS MARQUES	M 45	SANOFI
255	50	01:31:17	1024	EURICO CARREIRAS ROSADO	M 45	SUMOL+COMPAL
256	9	01:31:18	290	ANTONIO PUCARIÇO	M 55	CCD PM CASCAIS
257	35	01:31:20	932	Rui Pereira	M 40	COA
258	2	01:31:23	1035	FRANCISCO MOLETA FERREIR	DEF 2	V.F.C
259	10	01:31:24	171	JOSE FRANCISCO MIRANDA	M 55	INDIVIDUAL
260	73	01:31:33	1062	Pedro Miguel	M SENIORES	CVL
261	74	01:31:37	212	Hugo Xavier Coutinho	M SENIORES	Ondalux
262	40	01:31:37	879	Paulo Taxa	M 35	SUMOL+COMPAL
263	36	01:31:42	275	PEDRO VASCO LUZIO	M 40	SSCGD
264	75	01:31:43	1079	PAULO CESAR FARINHA	M SENIORES	BTT AVENTURA
265	36	01:31:43	945	RUI CARREIRA	M 50	CAS
266	37	01:31:46	243	Gonçalo Santos	M 40	G.D.R.S. FRANC. SERRA
267	11	01:31:50	869	JOSÉ CARAVELA	M 55	BVMONTEMORONOVO
268	38	01:31:50	776	RICARDO MONTEIRO	M 40	CVL
269	51	01:31:56	865	ANTONIO MALHÃO	M 45	BVMONTEMORONOVO
270	39	01:32:02	592	LUIS MIGUEL PINTO	M 40	Varitintas

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
271	40	01:32:05	1038	JÚLIO REIS	M 40	C.LISBOA.C
272	52	01:32:06	155	Amilcar Costa	M 45	INDIVIDUAL
273	76	01:32:08	201	LUIS MAZEDA	M SENIORES	ASASNOSPEIS
274	77	01:32:08	233	FÁBIO MARTINS	M SENIORES	C.C.D. "O ALVITEJO"
275	1	01:32:09	629	MANUEL VITORINO	M 65	C.C.D. "O ALVITEJO"
276	41	01:32:13	418	HUMBERTO BARROS	M 35	Kaninos
277	53	01:32:14	905	FERNANDO ROSETE	M 45	RUN4FUN
278	41	01:32:16	423	RUI ANDRADE	M 40	CSEM
279	42	01:32:19	826	RICARDO FIGUEIREDO	M 40	GRCD Leão
280	78	01:32:19	304	CRISTIANO CASALINHO	M SENIORES	CAB
281	43	01:32:25	546	PAULO FERREIRA	M 40	ACR
282	54	01:32:27	204	MIGUEL DAVID	M 45	INDIVIDUAL
283	42	01:32:27	649	Valter Escrevente	M 35	A20KM
284	43	01:32:27	476	FRANCISCO FREIRE	M 35	GDBPI
285	55	01:32:31	433	ANTONIO MATOS	M 45	OSTRINCAESPINHAS
286	79	01:32:32	855	ALEXANDRE CANDEIAS	M SENIORES	BVMONTEMORONOVO
287	44	01:32:33	787	PAULO ANTUNES DA SILVA	M 35	COBIS
288	80	01:32:35	756	Francisco Gaspar	M SENIORES	UFCIT
289	44	01:32:35	547	LUIS ALEXANDRE	M 40	ACR
290	45	01:32:37	617	NUNO JESUS	M 40	INDIVIDUAL
291	45	01:32:40	415	BRUNO NALHA	M 35	CDAGUIASALPIARCA
292	46	01:32:40	416	LUIS CAETANO	M 40	CDAGUIASALPIARCA
293	56	01:32:42	742	RUI LOIO	M 45	VW AE
294	47	01:32:45	912	Vitor Novais	M 40	GAAVFX
295	48	01:32:48	645	NUNO COSTA	M 40	SSCGD
296	2	01:32:51	229	JOSÉ ALVES	M 65	CBAMM
297	81	01:32:54	538	ANTÓNIO VALENTE	M SENIORES	INDIVIDUAL
298	37	01:32:58	562	LEONEL CAMPOS	M 50	OSMATRECOS
299	46	01:33:10	841	FERNANDO MATIAS	M 35	INDIVIDUAL
300	49	01:33:13	208	CARLOS DUARTE	M 40	CDAGUIASALPIARCA
301	6	01:33:17	1002	BRIGITTE CARDOSO	F SENIORES	CORRERLISBOA
302	1	01:33:20	118	NOEMIA SEQUEIRA	F 45	SSCGD
303	50	01:33:26	590	HELDER TAVARES	M 40	Varitintas
304	51	01:33:29	214	Hugo Lopes	M 40	Ondalux
305	47	01:33:36	1053	Gonçalo Pais	M 35	INDIVIDUAL
306	52	01:33:38	735	PEDRO GOMES	M 40	LeYa
307	38	01:33:40	722	António Lazera Martins	M 50	INDIVIDUAL
308	3	01:33:42	761	JOSE SAPO	M 65	SCM
309	7	01:33:42	447	MARISA ANTUNES	F SENIORES	NÚCLEO DE OEIRAS
310	82	01:33:47	956	Frederico Raposo	M SENIORES	ASC
311	53	01:33:49	936	MARIO VICENTE GRAVE CHO	M 40	INDIVIDUAL
312	39	01:33:50	488	JOAO ANTONIO RODRIUGES	M 50	INDIVIDUAL
313	48	01:33:53	166	Marco Caseiro	M 35	Perigosos
314	49	01:33:54	540	GONÇALO GALANTE	M 35	INDIVIDUAL
315	54	01:33:57	741	PAULO SOUSA	M 40	VW AE
316	57	01:33:58	744	NUNO GOMES	M 45	VW AE
317	83	01:34:00	943	NUNO SILVA	M SENIORES	3B
318	55	01:34:01	1064	PEDRO FAVINHA	M 40	BR
319	56	01:34:06	815	JOSE SANTOS ALMEIDA	M 40	INDIVIDUAL
320	57	01:34:07	596	PAULO GANDUM	M 40	ACPORTALEGRE/UTSM
321	58	01:34:09	473	SERGIO RUI CARINHAS	M 45	ACPORTALEGRE/UTSM
322	4	01:34:10	98	ANA FRUTUOSO	F 35	LINDA-A-PASTORA S.C
323	59	01:34:10	768	CARLOS PINTO CRAVEIRA	M 45	GRCD Leão
324	12	01:34:10	933	JOAO JACINTO	M 55	CHESTERSTEAM

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
325	13	01:34:10	911	VITOR AMARAL	M 55	MULTIFRACÇÃO
326	58	01:34:10	616	DANIEL GONÇALVES	M 40	INDIVIDUAL
327	50	01:34:11	657	Helder Domingos	M 35	A20KM
328	40	01:34:14	1006	JOAO FRANCO MENDES	M 50	INDIVIDUAL
329	51	01:34:17	960	Bruno Vitorino	M 35	ASC
330	14	01:34:17	187	ALBERTO COVAS	M 55	ASASNOSPE
331	59	01:34:19	62	NUNO FILIPE MARTINS	M 40	PACEMAKERS
332	60	01:34:20	404	JOAO MENDES	M 45	CCDTML
333	61	01:34:25	205	JORGE DAVID	M 45	INDIVIDUAL
334	52	01:34:29	690	MARIO DIAS	M 35	RUNNINGESPINHO
335	15	01:34:32	29	ANTONIO GONÇALVES	M 55	ALVERCAURBANRUNNERS
336	53	01:34:33	437	JOAO BONIFACIO	M 35	SNR
337	16	01:34:35	913	António Ribeiro	M 55	GAAVFX
338	41	01:34:36	402	ANTONIO PEREIRA	M 50	CCDTML
339	54	01:34:42	276	Sérgio Artilheiro	M 35	INDIVIDUAL
340	62	01:34:44	641	HENRIQUE AMADOR	M 45	SSCGD
341	63	01:34:47	174	PAULO LOPES	M 45	GDAGUIASMOITA
342	5	01:34:47	636	SOFIA ARGENTINA	F 35	SSCGD
343	84	01:34:53	671	RUBEN GOMES	M SENIORES	CPR.A-DO-BARBAS
344	9	01:34:54	972	Ricardo Lourenço	M 60	20kmsDespMontanha
345	60	01:35:00	805	PAULO JOSE BRITO	M 40	INDIVIDUAL
346	55	01:35:07	110	JOAO PAULO SANTOS	M 35	CCRMoleanense
347	10	01:35:10	922	RUI MANUEL MATOS	M 60	Electrex
348	2	01:35:12	1016	MARIA JOSE NEVES DA SILVA	F 45	CDCR CTT SANTAREM
349	56	01:35:12	162	Helder Valadas	M 35	Perigosos
350	57	01:35:16	425	ANTONIO MANUEL SERRAO	M 35	CDAGUIASALPIARCA
351	17	01:35:17	511	JOSE MELO	M 55	PRM
352	64	01:35:18	924	FERNANDO COSTA	M 45	PERNETAS
353	85	01:35:20	622	GONÇALO PALMA	M SENIORES	3B
354	42	01:35:25	136	PAULO LOURO	M 50	LeYa
355	43	01:35:28	793	PAULO DUARTE	M 50	CCRD BURINHOSA
356	18	01:35:33	808	ANTONIO SERRA	M 55	ADCSABALDIO
357	3	01:35:36	929	CRISTINA LUÍS	F 45	BIKE RUN TEAM
358	4	01:35:41	673	JOAQUIM GOMES	M 65	CPR.A-DO-BARBAS
359	65	01:35:43	419	PAULO SANTOS	M 45	LOURDETEPERFUMARIAS
360	66	01:35:47	764	PAULO BASILIO	M 45	OSZATOPEQUES
361	19	01:35:47	944	ANTÓNIO MATIAS	M 55	INDIVIDUAL
362	67	01:35:49	609	JOAO CARLOS SARAIVA	M 45	MAISQUECUIDAR
363	20	01:35:51	280	DANIEL SILVA	M 55	C A ODIMARQ
364	61	01:35:58	436	JORGE RODRIGUES	M 40	SNR
365	58	01:35:58	269	PEDRO GONCALVES	M 35	UDRS GR
366	44	01:36:13	775	JOSE MARTINS	M 50	CVL
367	6	01:36:15	1072	MARTA ABRANTES DOS SANT	F 35	AB.R
368	59	01:36:16	553	PEDRO PEJAPES	M 35	CAN
369	68	01:36:17	69	SIDÓNIO DIAS	M 45	CBAMM
370	60	01:36:18	903	FREDERICO RUSSO MARCELI	M 35	20kmsDespMontanha
371	61	01:36:22	804	PEDRO FILIPE PRATES	M 35	INDIVIDUAL
372	86	01:36:23	654	Alexandre Lopes	M SENIORES	A20KM
373	62	01:36:24	885	Rui Alves	M 40	SUMOL+COMPAL
374	87	01:36:25	613	Tiago Velez Ribeiro	M SENIORES	GRCD Leião
375	21	01:36:32	607	JOAO LIBERATO PAULINO	M 55	VW AE
376	22	01:36:41	190	ROGÉRIO CARREIRO	M 55	ASASNOSPE
377	62	01:36:42	202	VITOR AZEVEDO	M 35	ASASNOSPE
378	63	01:36:44	310	JOSE OLIVEIRA	M 40	INDIVIDUAL

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
379	64	01:36:51	599	Jose Manta	M 40	COL
380	23	01:36:59	823	ALBERTO VINAGRE	M 55	CDM
381	45	01:37:08	845	JOSÉ FONSECA	M 50	UFCIT
382	69	01:37:17	491	LUIS FERREIRA	M 45	RRSC
383	46	01:37:17	832	ANTONIO RAMALHO	M 50	GRCD Leão
384	70	01:37:18	866	ANTONIO CAEIRO	M 45	BVMONTEMORONOVO
385	47	01:37:20	570	ALEXANDRE SANTOS	M 50	SSCGD
386	71	01:37:23	664	LUIS FERREIRA	M 45	U.R.D.A.
387	63	01:37:24	677	NUNO FERREIRA	M 35	CPR.A-DO-BARBAS
388	88	01:37:25	1057	BRUNO NUNES	M SENIORES	ORT
389	11	01:37:28	228	JOÃO SANTOS	M 60	CBAMM
390	24	01:37:30	996	HELDER JOSE FERNANDES	M 55	INDIVIDUAL
391	72	01:37:30	734	João Isabel	M 45	INDIVIDUAL
392	5	01:37:30	231	ALBINO NEIVA	M 65	CBAMM
393	25	01:37:32	90	ALCINDO ALMEIDA	M 55	CBAMM
394	65	01:37:34	736	CARLOS MIGUEL HIPÓLITO	M 40	SNR
395	48	01:37:34	566	PEDRO CARVALHO	M 50	SNR
396	89	01:37:35	942	LUIS ANDRADE	M SENIORES	3B
397	66	01:37:38	518	Nuno Silva	M 40	PXC
398	64	01:37:38	148	Pedro Miguel Anastácio Pereira	M 35	INDIVIDUAL
399	65	01:37:41	323	JOSE DUARTE	M 35	CLAC
400	66	01:37:41	326	Pedro Carmo	M 35	CLAC
401	73	01:37:43	111	PEDRO MIGUEL PERALTA	M 45	CCRMoleanense
402	90	01:37:43	799	DAVID TALHAO	M SENIORES	INDIVIDUAL
403	74	01:37:43	825	LUIS PINTO	M 45	GRCD Leão
404	91	01:37:45	591	RICARDO COELHO	M SENIORES	Varitintas
405	67	01:37:46	579	CARLOS BALAU	M 40	A.MONSANTO
406	6	01:37:53	927	Antonio Simoes Vieira	M 65	INDIVIDUAL
407	7	01:37:55	71	JOSÉ CANHOTO	M 65	CBAMM
408	67	01:37:56	634	RODRIGO ALMEIDA	M 35	SSCGD
409	92	01:37:58	464	MICHAEL GRANADEIRO	M SENIORES	CDAGUIASALPIARCA
410	68	01:38:02	633	ROBERTO CANEIRA	M 40	SCD Glória do Ribatejo
411	12	01:38:03	298	JOAQUIM CRISPIM	M 60	UDCA
412	93	01:38:03	837	BERNARDO SALGADO EMIDIO	M SENIORES	INDIVIDUAL
413	94	01:38:03	878	Gonçalo Águas	M SENIORES	SUMOL+COMPAL
414	26	01:38:04	1082	JOSE CARDOSO	M 55	INDIVIDUAL
415	49	01:38:04	1081	HILARIO CARDOSO	M 50	INDIVIDUAL
416	69	01:38:04	380	LUIS FILIPE Q MORAIS	M 40	INDIVIDUAL
417	70	01:38:06	76	PEDRO CRUZINHA	M 40	CBAMM
418	27	01:38:07	585	HILÁRIO TORRES	M 55	RUN4FUN
419	95	01:38:07	1074	MANUEL ALMEIDA	M SENIORES	LA VAO... DE ALM
420	71	01:38:08	486	CARLOS AMARAL	M 40	ASASNOSPE
421	96	01:38:08	946	GIL ALMEIDA	M SENIORES	INDIVIDUAL
422	75	01:38:08	196	JOSÉ GOUVEIA	M 45	ASASNOSPE
423	50	01:38:08	483	RAUL CORREIA	M 50	ATLFAROLPENICHE
424	97	01:38:14	1014	GONÇALO LAGOA	M SENIORES	INDIVIDUAL
425	51	01:38:17	346	DIAMANTO GAMITO	M 50	AVR
426	72	01:38:22	700	FERNANDO NEVES	M 40	G.D.C.EIRAPEDRENSE
427	76	01:38:25	714	CARLOS SILVESTRE JACINTO	M 45	INDIVIDUAL
428	73	01:38:29	448	PEDRO SANTOS	M 40	INDIVIDUAL
429	8	01:38:29	900	LILIANA FILIPE	F SENIORES	JDAL
430	77	01:38:30	646	NUNO VALADA	M 45	SSCGD
431	4	01:38:31	965	PAULA RODRIGUES	F 45	CBA
432	74	01:38:33	122	José Carlos Simões	M 40	CCRD



(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
433	52	01:38:34	91	NARCISO SÁ	M 50	CBAMM
434	28	01:38:37	156	LEONEL SELEIRO	M 55	A A AGUALVA
435	29	01:38:41	106	António Fernandes	M 55	GAU BAJOUCA
436	53	01:38:44	614	Armando Cruz	M 50	INDIVIDUAL
437	68	01:38:46	18	NUNO RICARDO	M 35	INDIVIDUAL
438	13	01:38:46	299	MANUEL CRISPIM	M 60	UDCA
439	78	01:38:46	796	CARLOS VISEU	M 45	CLDESPARNEIRO
440	5	01:39:03	474	PAULA CRISTINA MATOS	F 45	ACPORTALEGRE/UTSM
441	14	01:39:10	1045	RUBEN SILVA	M 60	C.LISBOA.C
442	30	01:39:15	182	Rui Ventura	M 55	CCRD BURINHOSA
443	54	01:39:16	116	CARLOS LEITAO	M 50	SSCGD
444	3	01:39:24	941	FABRICIO DIAS	DEF 2	INDIVIDUAL
445	98	01:39:32	914	RUI PEDRO OLIVEIRA	M SENIORES	INDIVIDUAL
446	69	01:39:36	135	NUNO AFONSO	M 35	LeYa
447	75	01:39:37	1039	PAULO GONÇALVES	M 40	C.LISBOA.C
448	6	01:39:42	144	GRAÇA ROLDÃO	F 45	OSTUGAS
449	76	01:39:42	785	ROGERIO MAIE FERNANDES	M 40	JINDUNGO
450	55	01:39:42	931	José Machado	M 50	INDIVIDUAL
451	31	01:39:43	531	VITOR MARTINS	M 55	INDIVIDUAL
452	79	01:39:44	236	JOAO BOGALHEIRO	M 45	AVS
453	77	01:39:44	237	NUNO BOGALHEIRO	M 40	AVS
454	7	01:39:45	844	CAROLINA FELIX	F 45	UFCIT
455	80	01:39:47	42	João Lopes	M 45	INDIVIDUAL
456	70	01:39:55	1012	TIAGO PINTO	M 35	INDIVIDUAL
457	7	01:39:55	523	Catarina Coito	F 35	PXC
458	8	01:39:55	516	Joaquim Carinhas	M 65	PXC
459	81	01:39:59	139	RUI CRUZ	M 45	LeYa
460	71	01:40:02	58	NELSON GOMES	M 35	INDIVIDUAL
461	72	01:40:02	56	RENATO GOMES	M 35	INDIVIDUAL
462	9	01:40:02	57	CAMILA GOMES	F SENIORES	INDIVIDUAL
463	99	01:40:08	1060	João Costa	M SENIORES	INDIVIDUAL
464	32	01:40:12	3	ANTONIO SEROMENHO	M 55	INDIVIDUAL
465	15	01:40:16	81	ANTÓNIO COELHO	M 60	CBAMM
466	100	01:40:16	548	BRUNO VASCONCELOS MAIA	M SENIORES	INDIVIDUAL
467	16	01:40:20	358	António Batalha	M 60	SNR
468	82	01:40:21	715	José Antunes	M 45	INDIVIDUAL
469	17	01:40:29	73	JORGE SANTOS	M 60	CBAMM
470	101	01:40:29	309	Carlos Fernandes	M SENIORES	CBAMM
471	83	01:40:35	307	MANUEL CALÇADO	M 45	CAB
472	78	01:40:36	120	RICARDO SANTOS	M 40	Clube EDP - Lisboa
473	79	01:40:39	197	JOSÉ HENRIQUES	M 40	ASASNOSPEIS
474	73	01:40:43	834	OLIVIER LOPES DURAO	M 35	INDIVIDUAL
475	80	01:40:43	748	PEDRO PINHEIRO	M 40	TRIPP-TD
476	81	01:40:48	545	FRANCISCO CONFRARIA	M 40	ACR
477	9	01:40:51	285	AMÍLCAR RIBEIRAL	M 65	C.A.A.B.
478	84	01:40:52	705	LUÍS MILA FILIPE	M 45	SNR
479	56	01:40:52	732	VITOR GAMEIRO	M 50	INDIVIDUAL
480	85	01:40:52	1048	PAULO SIMOES	M 45	FS
481	86	01:40:54	333	NUNO PINTAO	M 45	INDIVIDUAL
482	57	01:40:58	173	LUIS MARIANO	M 50	GDAGUIASMOITA
483	87	01:40:58	580	CESAR GOMES	M 45	PACEMAKERS
484	74	01:41:14	31	CARLOS FRANÇA	M 35	INDIVIDUAL
485	88	01:41:15	663	FILIPE BRANCO	M 45	U.R.D.A.
486	89	01:41:15	763	VITOR NETO	M 45	C.C.D. "O ALVITEJO"

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
487	90	01:41:24	813	LUIS SANTOS	M 45	ALVERCAURBANRUNNERS
488	91	01:41:27	317	PAULO FERREIRA SILVA	M 45	INDIVIDUAL
489	58	01:41:34	957	Artur Sampaio	M 50	ASC
490	33	01:41:40	235	JOAQUIM MARTINS	M 55	C.C.D. "O ALVITEJO"
491	82	01:41:41	497	CARLOS LOPES	M 40	PXC
492	83	01:41:46	970	Rui Candeias	M 40	INDIVIDUAL
493	59	01:41:47	992	Eurico Gomes	M 50	ADCRPJ
494	8	01:41:52	1078	CLAUDIA NOVAIS	F 45	RMTRI
495	84	01:41:53	822	RICARDO VICENTE	M 40	CDM
496	10	01:41:55	847	ANTÓNIO SERAFIM	M 65	UFCIT
497	60	01:41:59	6	JORGE PAULINO	M 50	PXC
498	85	01:41:59	472	NUNO GONÇALVES	M 40	INDIVIDUAL
499	8	01:42:02	618	CARLA TURNER	F 35	INDIVIDUAL
500	75	01:42:04	838	GONÇALO ESTEVES	M 35	INDIVIDUAL
501	92	01:42:08	257	CARLOS RODRIGUES	M 45	CDAGUIASALPIARCA
502	102	01:42:10	131	JOAO MARTINS	M SENIORES	VSRrunner
503	86	01:42:16	427	NUNO MARQUES	M 40	#PONTEFINAL_RT
504	87	01:42:19	141	JOÃO PEDRO DOS SANTOS	M 40	INDIVIDUAL
505	34	01:42:27	169	Carlos Sousa	M 55	Perigosos
506	76	01:42:30	880	Marco Madeira	M 35	SUMOL+COMPAL
507	88	01:42:30	54	PEDRO MIGUEL MONTEIRO	M 40	INDIVIDUAL
508	77	01:42:31	347	RODRIGO PRUDENCIO	M 35	CDAGUIASALPIARCA
509	103	01:42:34	969	BRÁULIO MENDESLUIS	M SENIORES	AMEIXA team
510	93	01:42:47	745	JOAO FELIX DA SILVA	M 45	TURRESTRILTEAM
511	10	01:42:51	962	FILIPA CASIMIRO	F SENIORES	AC MAMEDE
512	89	01:42:51	467	TELMO DE JESUS CORREIA	M 40	INDIVIDUAL
513	104	01:42:54	142	ANDRE FILIPE RAMOS	M SENIORES	INDIVIDUAL
514	35	01:42:54	571	CARLOS CATELA TEIXEIRA	M 55	INDIVIDUAL
515	78	01:42:55	560	PAULO COSTA	M 35	OSMATRECOS
516	18	01:42:56	335	Antonio Fernandes	M 60	AVS
517	90	01:42:58	183	Telmo Pedroso	M 40	CCRD BURINHOSA
518	105	01:43:02	471	FILIPE PEREIRA	M SENIORES	INDIVIDUAL
519	91	01:43:05	809	SERGIO PATRICIO	M 40	ADCSABALDIO
520	94	01:43:06	99	Rui Barros	M 45	INDIVIDUAL
521	11	01:43:07	329	João Joaquim	M 65	CLAC
522	95	01:43:12	717	Gil Martins	M 45	INDIVIDUAL
523	4	01:43:19	723	Francisco Cunha	DEF 2	IFC
524	96	01:43:20	1023	PAULO DORES SANTOS	M 45	SUMOL+COMPAL
525	79	01:43:22	589	HUGO GUERREIRO	M 35	Varitintas
526	36	01:43:23	65	ALEXANDRE REIS	M 55	CBAMM
527	97	01:43:25	127	PEDRO GOUVEIA	M 45	PACEMAKERS
528	19	01:43:26	72	JOÃO SOARES	M 60	CBAMM
529	98	01:43:33	440	ADELINO TRINDADE	M 45	CORRERLISBOA
530	92	01:43:34	38	ARTUR GONÇALVES	M 40	LEBRES DO SADO
531	80	01:43:41	16	NUNO MIGUEL SOARES	M 35	INDIVIDUAL
532	106	01:43:43	830	PEDRO TRIGO	M SENIORES	OSCONTA-KILOMETROS
533	107	01:43:46	573	Rui Lopes	M SENIORES	INDIVIDUAL
534	20	01:44:04	406	MANUEL PARDAL	M 60	LEBRES DO SADO
535	108	01:44:12	429	NUNO MIGUEL OLIVEIRA	M SENIORES	INDIVIDUAL
536	93	01:44:22	821	NUNO TIAGO	M 40	PACEMAKERS
537	94	01:44:23	439	MANUEL DA SILVA	M 40	COA
538	37	01:44:29	19	ANTÓNIO MANUEL CORREIA	M 55	INDIVIDUAL
539	99	01:44:31	113	ANTONIO IRIA	M 45	TF
540	61	01:44:37	325	José Garraão	M 50	CLAC

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
541	81	01:44:38	445	ALIPIO TRIGO	M 35	INDIVIDUAL
542	100	01:44:40	36	ANTERO MARTINS	M 45	TPCT
543	62	01:44:41	698	JORGE GOMES	M 50	G.D.C.EIRAPEDRENSE
544	109	01:44:42	661	João Filipe Aleixo	M SENIORES	QCG
545	82	01:44:50	528	RICARDO SANTOS	M 35	CORRERLISBOA
546	11	01:44:58	524	SARA LEÃO	F SENIORES	PXC
547	101	01:45:10	181	Octavio Mariano	M 45	CCRD BURINHOSA
548	63	01:45:13	334	Fernando Silva	M 50	AVS
549	64	01:45:16	1046	Alfredo Luis Falcão	M 50	RUN4FUN
550	38	01:45:24	82	RUI EMÍDIO	M 55	CBAMM
551	83	01:45:29	910	Tiago Silva	M 35	INDIVIDUAL
552	84	01:45:31	882	Hugo Agostinho	M 35	SUMOL+COMPAL
553	39	01:45:31	209	DIAMANTINO NEVES	M 55	CDAGUIASALPIARCA
554	95	01:45:36	888	José Calheiros	M 40	SUMOL+COMPAL
555	96	01:45:42	887	Nuno Stofel	M 40	SUMOL+COMPAL
556	21	01:45:42	726	LAPIN	M 60	SNR
557	40	01:45:44	180	Luis Conceição	M 55	CCRD BURINHOSA
558	41	01:45:44	225	Carlos A P Silva	M 55	GMC JAMOR
559	12	01:45:47	288	ANA ISABEL BRÁS	F SENIORES	CCD PM CASCAIS
560	102	01:45:57	23	RUI FERREIRA	M 45	INDIVIDUAL
561	110	01:45:59	432	OSVALDO CIPRIANO	M SENIORES	PACEMAKERS
562	103	01:46:02	22	PEDRO LOPES	M 45	INDIVIDUAL
563	104	01:46:15	146	RUI RODRIGUES	M 45	OSTUGAS
564	85	01:46:15	43	ANTONIO CARAPAU	M 35	INDIVIDUAL
565	111	01:46:17	839	MARCO FETEIRA	M SENIORES	INDIVIDUAL
566	65	01:46:18	67	CARLOS SILVA	M 50	CBAMM
567	22	01:46:19	240	ROGÉRIO PINA	M 60	ANACOM
568	112	01:46:19	21	ANDRÉ FILIPE DIAS	M SENIORES	LOURESAUDERUNNING
569	9	01:46:19	59	ANA SANTOS	F 35	INDIVIDUAL
570	97	01:46:20	28	JOAQUIM MANUEL CARDOSO	M 40	INDIVIDUAL
571	105	01:46:22	749	Ricardo bordalo	M 45	INDIVIDUAL
572	98	01:46:30	124	JORGE DUARTE	M 40	CHESTERSTEAM
573	42	01:46:32	791	JOSE RATO	M 55	CCRD BURINHOSA
574	23	01:46:33	392	Francisco Gomes Plínio	M 60	CCDTML
575	24	01:46:36	707	José Duarte Ferreira	M 60	PortoRunners
576	113	01:46:37	198	HENRIQUE SILVA	M SENIORES	ASASNOSPEs
577	114	01:46:40	185	NUNO VITAL	M SENIORES	INDIVIDUAL
578	86	01:46:44	537	JOÃO FIALHO	M 35	INDIVIDUAL
579	106	01:46:51	294	PAULO OLIVEIRA	M 45	CCD PM CASCAIS
580	115	01:46:53	812	FRANCISCO SILVA	M SENIORES	CAJRAPOSA
581	66	01:46:55	904	JOSE ALVES	M 50	INDIVIDUAL
582	99	01:46:58	137	PAULO SOUSA	M 40	LeYa
583	116	01:47:01	875	Edgar Serrandeiro	M SENIORES	SUMOL+COMPAL
584	87	01:47:02	678	DAVID GOMES	M 35	CPR.A-DO-BARBAS
585	117	01:47:03	565	RICARDO COSTA	M SENIORES	SNR
586	100	01:47:04	216	VÍTOR LARANJINHA	M 40	RWS
587	101	01:47:05	621	JOAQUIM JULIO DIAS SILVA	M 40	CTG4
588	13	01:47:07	651	Andreia Almeida	F SENIORES	A20KM
589	14	01:47:07	800	SOFIA ALEXANDRA BATISTA	F SENIORES	SCD Glória do Ribatejo
590	107	01:47:11	478	JOSE GAMA	M 45	GDBPI
591	12	01:47:11	126	JULIO PARREIRA	M 65	CHESTERSTEAM
592	13	01:47:14	779	JOSE LINDO	M 65	CAVF
593	43	01:47:28	104	Ramiro Rodrigues	M 55	GAU BAJOUCA
594	67	01:47:31	514	TOZE LOPES	M 50	OSTRINCAESPINHAS

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
595	102	01:47:39	803	JOAO PC LEAL	M 40	INDIVIDUAL
596	68	01:47:43	593	ÁLVARO ALPOIM	M 50	Varitintas
597	69	01:48:05	780	CARLOS FERNANDES	M 50	CVDF
598	103	01:48:05	782	MAURO GONÇALVES	M 40	CVDF
599	104	01:48:11	1058	PEDRO SERRA	M 40	CORRERLISBOA
600	88	01:48:16	549	GUILHERME BARON	M 35	INDIVIDUAL
601	105	01:48:17	351	DINIS SILVA	M 40	SNR
602	15	01:48:17	564	CLAUDIA COSTA	F SENIORES	SNR
603	25	01:48:19	774	AMERICO SANTOS	M 60	CVL
604	108	01:48:20	685	ANTONIO LUIS BAPTISTA	M 45	INDIVIDUAL
605	109	01:48:22	399	RAFAEL VALENTE SANTOS	M 45	CCDTML
606	89	01:48:24	647	PEDRO LOPES	M 35	SSCGD
607	106	01:48:27	463	RUI PAULO DIAS	M 40	INDIVIDUAL
608	107	01:48:42	709	ANTÓNIO PEDRO SIMÕES	M 40	HP
609	108	01:48:50	503	ANDRE SILVA	M 40	INDIVIDUAL
610	70	01:48:54	128	PAULO MENDES	M 50	PACEMAKERS
611	10	01:48:57	319	FERNANDA FRANÇA	F 35	CLUBE OGMA
612	110	01:48:57	318	JOAQUIM BEXIGA	M 45	CLUBE OGMA
613	71	01:48:57	344	CARLOS CORREIA	M 50	AVR
614	109	01:48:58	343	CARLOS VIDAIS	M 40	AVR
615	90	01:49:07	719	RUI MAIA	M 35	INDIVIDUAL
616	111	01:49:11	105	Jorge Silva	M 45	GAU BAJOUCA
617	16	01:49:11	755	Ana Filipa Feijão	F SENIORES	CAAFaro
618	118	01:49:21	350	CARLOS MANUEL CARDOSO	M SENIORES	GDCFA
619	91	01:49:26	479	PAULO OLIVEIRA LOPES	M 35	GDBPI
620	119	01:49:28	112	DIOGO PINTO	M SENIORES	CCRMoleanense
621	17	01:49:28	1027	MARISA CARREIRA	F SENIORES	INDIVIDUAL
622	110	01:49:33	637	TIAGO AVELÃS	M 40	SSCGD
623	112	01:49:37	995	CARLOS TAVARES	M 45	RUNPIRILAMPO
624	120	01:49:39	954	Luis Ferreira	M SENIORES	ASC
625	92	01:49:45	121	JOAO MIGUEL COCHARRO	M 35	INDIVIDUAL
626	26	01:49:49	292	JULIO MEIRELES	M 60	CCD PM CASCAIS
627	113	01:49:51	640	FRANCISCO VIEIRA	M 45	SSCGD
628	44	01:50:02	976	Carlos Manuel Lopes Garcia	M 55	INDIVIDUAL
629	111	01:50:02	1069	RICARDO SARDINHEIRO	M 40	PANELAMAGICA
630	93	01:50:02	441	NUNO JOSE LOPES	M 35	PANELAMAGICA
631	121	01:50:04	9	ANTONIO CAVALEIRO	M SENIORES	GUMELO
632	72	01:50:09	1022	RUBEN COSTA	M 50	RUN4FUN
633	114	01:50:11	14	LUIS PENTEADO	M 45	BueRapidos
634	27	01:50:16	167	José Henriques	M 60	Perigosos
635	112	01:50:33	639	BRUNO DIAS	M 40	SSCGD
636	45	01:50:34	159	AGOSTINHO TORRES	M 55	A A AGUALVA
637	113	01:50:35	890	Miguel Garcia	M 40	SUMOL+COMPAL
638	11	01:50:48	557	MARTA COLAÇO	F 35	CAN
639	122	01:50:49	971	Rodrigo Rodrigues	M SENIORES	20kmsDespMontanha
640	9	01:50:49	582	MARIA VASSALO	F 45	PACEMAKERS
641	114	01:50:56	140	WENDER RODRIGUES	M 40	LeYa
642	18	01:50:57	544	SONIA ROMAO SARO	F SENIORES	INDIVIDUAL
643	115	01:50:58	246	Vitor Pereira	M 40	G.D.R.S. FRANC. SERRA
644	116	01:51:18	901	ALEXANDRE OLIVEIRA	M 40	JDAL
645	94	01:51:19	1008	CARLOS RIBEIRO DE MELO	M 35	INDIVIDUAL
646	46	01:51:19	345	JOSE CORREIA	M 55	AVR
647	115	01:51:19	342	CARLOS PEDRO	M 45	AVR
648	116	01:51:27	456	RODRIGO CARREIRA	M 45	GAGM

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
649	47	01:51:28	987	JOÃO PINTO	M 55	GAGM
650	117	01:51:31	575	JORGE ALDEIAS	M 40	A.MONSANTO
651	118	01:51:34	829	PAULO VICENTE	M 40	INDIVIDUAL
652	14	01:51:36	252	JÚLIO HENRIQUES	M 65	OS SANTARENOS
653	48	01:51:50	267	JOÃO ROBALO	M 55	UDRS GR
654	73	01:51:56	130	VALDEMAR BARREIRA	M 50	VSRunner
655	74	01:52:04	376	ARTUR LEITE	M 50	CLMILLENNIUMBCP
656	95	01:52:06	819	RICARDO MIRANDA	M 35	GRCD Leião
657	10	01:52:06	581	MARIA J. JESUS	F 45	PACEMAKERS
658	15	01:52:08	896	ANIBAL CARVALHO	M 65	INDIVIDUAL
659	11	01:52:11	597	HELENA CEIA	F 45	ACPORTALEGRE/UTSM
660	119	01:52:12	889	Carlos Vieira	M 40	SUMOL+COMPAL
661	117	01:52:15	1041	JOÃO PEREIRA	M 45	C.LISBOA.C
662	12	01:52:18	315	ANA MARQUES	F 35	SNR
663	13	01:52:29	777	CARMEN ALMEIDA	F 35	CVL
664	118	01:52:30	510	JOSE CASTRO	M 45	PRM
665	14	01:52:31	34	Inês Kol	F 35	INDIVIDUAL
666	123	01:52:34	652	David Clemente	M SENIORES	A20KM
667	96	01:52:36	784	BRUNO ROSA DA SILVA	M 35	JINDUNGO
668	15	01:52:37	919	Lina Mateus	F 35	INDIVIDUAL
669	28	01:52:48	737	Álvaro Francisco	M 60	INDIVIDUAL
670	124	01:52:57	222	FRANCISCO BENTO	M SENIORES	RWS
671	75	01:52:59	753	JORGE ESTEVES	M 50	RUN4FUN
672	49	01:53:09	620	CARLOS ANICETO MARTINS	M 55	CTG4
673	120	01:53:10	977	Rui Moreira Oliveira	M 40	RUN4FUN
674	50	01:53:10	752	TEODORO TRINDADE	M 55	RUN4FUN
675	121	01:53:13	117	CARLOS FIGUEIREDO	M 40	SSCGD
676	119	01:53:17	507	JOSE GRILO PIRES	M 45	APOGMA
677	122	01:53:17	186	NUNO SARMENTO	M 40	ASASNOSPE
678	16	01:53:25	578	CRISTINA BALAU	F 35	A.MONSANTO
679	120	01:53:34	747	Rui Afonso	M 45	INDIVIDUAL
680	29	01:53:42	390	Carlos Jesus Moreira	M 60	CCDTML
681	17	01:53:52	265	DANIELA CARVALHO	F 35	UDRS GR
682	121	01:53:53	379	CARLOS MANUEL PENA	M 45	INDIVIDUAL
683	30	01:53:54	407	JOSE MANUEL MARQUES	M 60	LEBRES DO SADO
684	123	01:53:55	615	VITOR SERRANO	M 40	INDIVIDUAL
685	125	01:53:56	874	JP Moreira	M SENIORES	SUMOL+COMPAL
686	19	01:53:59	1026	ANA PINA	F SENIORES	SNR
687	124	01:54:04	191	PAULO LIBÂNIO	M 40	ASASNOSPE
688	122	01:54:07	789	JOSE SOUSA	M 45	INDIVIDUAL
689	97	01:54:08	313	PEDRO FERREIRA	M 35	Robbialac
690	126	01:54:11	981	JOÃO ALMEIDA	M SENIORES	INDIVIDUAL
691	76	01:54:19	410	ALVARO VIEIRA	M 50	SANOFI
692	31	01:54:21	770	ABILIO TAVARES	M 60	INDIVIDUAL
693	20	01:54:26	691	ALICE APOLONIA	F SENIORES	RUNNINGESPINHO
694	127	01:54:26	695	TIAGO PISCO	M SENIORES	RUNNINGESPINHO
695	16	01:54:35	60	JOSE RUIVO	M 65	ARANAV
696	18	01:54:36	465	SANDRA BATISTA	F 35	AVS
697	128	01:54:37	730	RICARDO DIAS	M SENIORES	INDIVIDUAL
698	51	01:54:37	337	José Moga	M 55	AVS
699	52	01:54:37	339	Luis Lisboa	M 55	AVS
700	125	01:54:51	293	NUNO ALMEIDA	M 40	CCD PM CASCAIS
701	126	01:54:52	1036	PAULO GORDINHO	M 40	C.LISBOA.C
702	123	01:55:10	894	Paulo Luís	M 45	SUMOL+COMPAL

# Classificação Geral Absoluta

# 20 Kms de Almeirim

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
703	98	01:55:12	446	CARLOS ALBINO	M 35	INDIVIDUAL
704	124	01:55:17	270	JOEL MOSCA	M 45	INDIVIDUAL
705	127	01:55:26	95	BENTO QUARESMA	M 40	LINDA-A-PASTORA S.C
706	99	01:55:26	143	DINIZ MANUEL SANTOS	M 35	INDIVIDUAL
707	19	01:55:26	918	Ana Tomé	F 35	C.C.C.D.A
708	100	01:55:28	195	DIOGO LOPES	M 35	ASASNOSPES
709	20	01:55:30	26	SANDRA ARRAIAS	F 35	OSARRAIAS
710	32	01:55:31	25	DIOGO ARRAIAS	M 60	OSARRAIAS
711	17	01:55:43	80	JOAQUIM NEIVA	M 65	CBAMM
712	129	01:55:43	1084	HUGO LOPES	M SENIORES	INDIVIDUAL
713	12	01:55:45	978	Isabel Louro Oliveira	F 45	RUN4FUN
714	101	01:55:46	712	ROBERTO AZEVEDO	M 35	HP
715	102	01:55:47	711	RENATO CASTANHEIRA	M 35	HP
716	103	01:55:58	470	RICARDO VIEGAS	M 35	INDIVIDUAL
717	33	01:56:00	907	ALEXANDRE JORGE	M 60	INDIVIDUAL
718	104	01:56:01	134	GABRIEL BONFIM DE ALMEID	M 35	INDIVIDUAL
719	21	01:56:05	612	SUSANA FERREIRA	F 35	SNR
720	125	01:56:11	1055	VICTOR RISCADO	M 45	INDIVIDUAL
721	130	01:56:21	421	RICARDO CONCEIÇÃO	M SENIORES	LOURDETEPERFUMARIAS
722	105	01:56:24	295	RUBEN GONÇALVES	M 35	CCD PM CASCAIS
723	34	01:56:28	278	JOAQUIM CONDE	M 60	OSTRINCAESPINHAS
724	106	01:56:34	689	PEDRO RICARDO DA SILVA	M 35	TÁLENTOP'RACORRERTEA
725	22	01:56:37	1068	MAFALDA SANTOS	F 35	PACEMAKERS
726	128	01:56:38	833	CASIMIRO SILVA	M 40	GRCD Leião
727	21	01:56:42	831	LILIANA HENRIQUES	F SENIORES	OSCONTA-KILOMETROS
728	77	01:56:53	947	JOSÉ MARIA DOS SANTOS	M 50	INDIVIDUAL
729	129	01:56:58	975	PAULO TELES	M 40	INDIVIDUAL
730	23	01:56:58	517	IRINA ARAUJO	F 35	PXC
731	13	01:56:58	53	Margarida Martins	F 45	PXC
732	130	01:56:59	525	Alexandre Cavalheiro	M 40	PXC
733	131	01:57:07	487	LINO SILVA	M 40	ASASNOSPES
734	78	01:57:08	354	FERNANDO SILVA	M 50	PACEMAKERS
735	24	01:57:08	917	Teresa Bemfeita	F 35	C.C.C.D.A
736	25	01:57:08	129	VANDA FERNANDES	F 35	PACEMAKERS
737	79	01:57:10	160	OSVALDO REIS	M 50	A A AGUALVA
738	132	01:57:16	32	ANTÓNIO CEREJO	M 40	INDIVIDUAL
739	14	01:57:38	754	ELSA MOTA	F 45	RUN4FUN
740	107	01:57:47	588	EDUARDO PINTO	M 35	Varitintas
741	18	01:57:52	115	DIAMANTINO HENRIQUES	M 65	CPR.A-DO-BARBAS
742	126	01:57:54	220	LUÍS SOUSA	M 45	RWS
743	80	01:57:56	88	ANTONIO FRANÇA	M 50	CBAMM
744	133	01:57:56	452	NUNO FILIPE RODRIGUES	M 40	ACPORTALEGRE/UTSM
745	15	01:57:56	83	ANABELA FERREIRA	F 45	CBAMM
746	19	01:58:01	631	JOSÉ GRILATE	M 65	C.C.D. "O ALVITEJO"
747	53	01:58:07	533	LUIS ROMANEIRO	M 55	CEC
748	20	01:58:09	63	ARNALDO MACHADO	M 65	CBAMM
749	134	01:58:15	706	LUIS RAMALHO	M 40	INDIVIDUAL
750	127	01:58:26	1071	LUIS MARTINS	M 45	PANELAMAGICA
751	26	01:58:28	259	SARA NOGUEIRA	F 35	INDIVIDUAL
752	16	01:58:31	836	MAFALDA SOFIA NUNES	F 45	LEBRES DO SADO
753	21	01:58:31	2	FRANCISCO PRATES	M 65	LEBRES DO SADO
754	54	01:58:34	239	JOSÉ VAZ	M 55	ANACOM
755	27	01:58:47	605	SONIA RAQUEL DANTAS	F 35	INDIVIDUAL
756	131	01:58:51	632	Nelson Gonçalves	M SENIORES	INDIVIDUAL

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
757	35	01:59:00	699	MANUEL PEREIRA	M 60	G.D.C.EIRAPEDRENSE
758	17	01:59:00	979	Amélia Gonçalves	F 45	RUN4FUN
759	28	01:59:02	576	CARLA AFONSO	F 35	A.MONSANTO
760	128	01:59:11	893	Nuno Moreira	M 45	SUMOL+COMPAL
761	108	01:59:13	806	DANIEL RAMOS	M 35	MONTESSALOIOS
762	135	01:59:13	194	CARLOS IPE	M 40	ASASNOSPES
763	29	01:59:14	1011	SONIA CAPITÃO-MOR	F 35	INDIVIDUAL
764	30	01:59:16	534	VIRGINIA FONSECA	F 35	CEC
765	136	01:59:19	50	MARIO ZARMO	M 40	PXC
766	31	01:59:19	48	Vânia Zarro	F 35	PXC
767	132	01:59:19	515	Nuno Barata	M SENIORES	PXC
768	55	01:59:30	923	CARLOS MANUEL BAGULHO	M 55	OSTRINCAESPINHAS
769	109	01:59:37	642	HUGO VENANCIO	M 35	SSCGD
770	36	01:59:51	289	ANTONIO HORTA	M 60	CCD PM CASCAIS
771	18	01:59:52	994	CECILIA TAVARES	F 45	RUNPIRILAMPO
772	110	01:59:53	725	António Silva	M 35	Fragosos
773	81	01:59:57	330	Vitor Silva	M 50	CLAC
774	22	02:00:11	991	CATARINA LEITÃO	F SENIORES	INDIVIDUAL
775	137	02:00:17	428	JOSE VENTURA	M 40	#PONTEFINAL_RT
776	129	02:00:18	781	LUIS FOUTO	M 45	CVDF
777	130	02:00:20	669	JOSE PEDRO GLORIA	M 45	INDIVIDUAL
778	19	02:00:25	101	Anabela Fernandes	F 45	GAU BAJOUCA
779	111	02:00:41	861	NUNO CHAPA	M 35	BVMONTEMORONOVO
780	133	02:00:58	1030	DANIEL GOMES DE JESUS	M SENIORES	INDIVIDUAL
781	22	02:00:59	1029	ANTONIO GOMES DE JESUS	M 65	INDIVIDUAL
782	20	02:01:10	103	Rosa Henriques	F 45	GAU BAJOUCA
783	37	02:01:13	170	José Belchior	M 60	Perigosos
784	21	02:01:21	84	PAULA SOARES	F 45	CBAMM
785	131	02:01:56	729	PAULO MARQUES DIAS	M 45	INDIVIDUAL
786	23	02:02:11	457	ISADORA COSTA	F SENIORES	4AOKM
787	132	02:02:11	458	VITOR GONÇALVES	M 45	4AOKM
788	133	02:02:18	783	VITOR COIMBRA	M 45	CVDF
789	23	02:02:20	46	António Seca	M 65	OsPesados
790	134	02:02:24	513	EDUARDO AMORIM	M 45	INDIVIDUAL
791	135	02:02:24	666	AFONSO BELO	M 45	ALVERCAURBANRUNNERS
792	136	02:02:25	716	Vitor Antunes	M 45	INDIVIDUAL
793	138	02:02:29	15	TELMO SILVA MARQUES	M 40	TELMO S. MARQUES
794	22	02:02:43	434	ANA FERREIRA	F 45	PMMNTEAM
795	32	02:02:50	39	ESTELA GONÇALVES	F 35	LEBRES DO SADO
796	82	02:02:50	495	ANTONIO SILVA PEREIRA	M 50	OMCORRIDA
797	33	02:02:51	1052	Helena Isabel Gerardo	F 35	RIBABIKE
798	139	02:02:51	891	Pedro Costa André	M 40	SUMOL+COMPAL
799	23	02:03:28	420	ISABEL SANTOS	F 45	LOURDETEPERFUMARIAS
800	56	02:03:36	1044	JOÃO FIGUEIREDO	M 55	C.LISBOA.C
801	24	02:03:36	369	HUMBERTO FERREIRA	M 65	CLMILLENNIUMBPCP
802	137	02:03:37	368	LEONEL BRANDÃO	M 45	CLMILLENNIUMBPCP
803	138	02:03:56	644	JOÃO GUÉGUÉS	M 45	SSCGD
804	57	02:03:58	759	JOAQUIM MANUEL CAMOES	M 55	INDIVIDUAL
805	83	02:03:59	980	Carlos Pereira gonçalves	M 50	RUN4FUN
806	139	02:04:01	215	NUNO BARREIROS	M 45	RWS
807	112	02:04:02	266	LUIS SANTOS	M 35	UDRS GR
808	140	02:04:04	268	RENATO SARAGOÇA	M 40	UDRS GR
809	84	02:04:06	667	GABRIEL ANTONIO	M 50	U.R.D.A.
810	25	02:04:14	33	Jorge Kol	M 65	INDIVIDUAL

(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
811	141	02:04:14	96	ANTÓNIO QUARESMA	M 40	LINDA-A-PASTORA S.C
812	34	02:04:14	909	VANUZA GRAÇA DA SILVA	F 35	GRCD Leão
813	24	02:04:18	460	SANDRA SILVA SANTOS	F 45	SANTOS´TEAM
814	58	02:04:20	218	DAVID CRUZ	M 55	RWS
815	113	02:04:25	1028	PEDRO VILELA	M 35	INDIVIDUAL
816	26	02:04:34	738	JOAQUIM FRAGOSO	M 65	INDIVIDUAL
817	85	02:04:40	459	JOSE FM SANTOS	M 50	SANTOS´TEAM
818	114	02:04:54	258	MARIO LIMA	M 35	BVB-L
819	25	02:04:55	489	HELENA PIRES	F 45	RRSC
820	26	02:05:04	1075	ANA PAULA MARTINS	F 45	INDIVIDUAL
821	86	02:05:14	1019	FILIPPE VARGAS	M 50	CDCR CTT SANTAREM
822	27	02:05:24	733	SILVINA MARIA BARRETO MA	F 45	INDIVIDUAL
823	59	02:05:39	430	SERGIO TIMOTEO	M 55	GDCAPS
824	35	02:05:48	1000	CARLA FERREIRA	F 35	MEXAESSASPERNAS
825	142	02:05:48	619	PAULO MALAQUIAS	M 40	CDAGUIASALPIARCA
826	140	02:06:10	11	JOAO MARUJO NASCIMENTO	M 45	RAC
827	143	02:06:20	886	Luis Magalhães	M 40	SUMOL+COMPAL
828	28	02:06:29	230	NATALIA MARCHEVA	F 45	CBAMM
829	36	02:06:30	925	SUSANA CANHOLA	F 35	PERNETAS
830	27	02:06:59	262	JOSE MARQUES	M 65	INDIVIDUAL
831	37	02:07:05	377	CARLA SEQUEIRA	F 35	A.Hosana
832	144	02:07:06	849	carlos miranda	M 40	Muzenzalgarve
833	87	02:08:11	119	LUIS QUINTAL	M 50	SSCGD
834	141	02:08:12	492	MANUEL ANTONIO	M 45	RRSC
835	60	02:08:17	311	RAÚL COSTA	M 55	Robbialac
836	88	02:08:17	312	JOSÉ VILELA	M 50	Robbialac
837	38	02:08:29	873	ELISABETE PISCO	F 35	BVMONTEMORONOVO
838	24	02:08:55	282	RAQUEL NETO CORDEIRO	F SENIORES	INDIVIDUAL
839	142	02:08:55	788	JOAO MARTINS LOURENÇO	M 45	INDIVIDUAL
840	29	02:09:23	610	PAULA ALEXANDRA SARAIVA	F 45	MAISQUECUIDAR
841	39	02:09:24	577	SANDRA AZEITONA	F 35	A.MONSANTO
842	38	02:09:57	286	LUIZ ROSA	M 60	C.A.A.B.
843	145	02:10:02	217	ANTÓNIO SILVA	M 40	RWS
844	115	02:10:26	475	LUIZ HENRIQUE PEREIRA	M 35	INDIVIDUAL
845	40	02:10:26	765	CATIA RAMOS	F 35	GDBPI
846	89	02:10:50	78	PATRÍCIA PEDRO	M 50	CBAMM
847	61	02:10:50	77	JOAQUIM CRUZ	M 55	CBAMM
848	134	02:11:28	934	MIKAEL SARAIVA	M SENIORES	CH
849	143	02:11:37	1015	MARIO ISIDRO RIBEIRO	M 45	CDCR CTT SANTAREM
850	135	02:11:53	41	BRUNO MIGUEL OLIVEIRA	M SENIORES	INDIVIDUAL
851	25	02:11:53	40	CATARINA CABRAL BASTOS	F SENIORES	INDIVIDUAL
852	116	02:12:06	138	RENATO ANDRADE	M 35	LeYa
853	39	02:12:28	47	HENRIQUE VILHENA	M 60	Doninhos
854	136	02:12:38	132	HUGO BRUNO	M SENIORES	VSRrunner
855	144	02:12:39	227	RICARDO SOUSA	M 45	CBAMM
856	41	02:14:00	408	LIDIA VIEIRA	F 35	LEBRES DO SADO
857	145	02:14:01	411	PEDRO FARO	M 45	SANOFI
858	146	02:14:22	314	LUIS ROSA	M 40	INDIVIDUAL
859	30	02:14:40	490	JACINTA ALMEIDA	F 45	RRSC
860	31	02:16:34	385	MARIA JOAO SIMOES	F 45	SANOFI
861	62	02:16:42	477	JOSE MESTRE	M 55	GDBPI
862	26	02:16:44	66	ADRIANA SILVA	F SENIORES	CBAMM
863	32	02:16:44	86	ROSA GONÇALVES	F 45	CBAMM
864	40	02:16:44	391	Fernando Cunha Fernandes	M 60	CCDTML



(Definitiva)

20Kms de Almeirim 30ª

Posições

Geral	Esc	Tempo	Dorsal	Nome	Escalão	Clube
865	90	02:16:49	397	Orlando António Sousa	M 50	CCDTML
866	63	02:16:50	394	João Cunha Barbosa	M 55	CCDTML
867	33	02:17:24	786	CARLA GAISINHO FERNANDE	F 45	JINDUNGO
868	41	02:17:24	746	Luis Nunes da Silva	M 60	INDIVIDUAL
869	91	02:17:40	984	LUIS ANTUNES	M 50	GAGM
870	42	02:17:40	455	FRANCISCO PINHEIRO	M 60	GAGM
871	137	02:17:53	552	PAULO AUGUSTO RAMOS	M SENIORES	INDIVIDUAL
872	27	02:17:53	551	MARGARIDA RAMOS ROQUE	F SENIORES	INDIVIDUAL
873	42	02:19:09	828	SOFIA LOPES	F 35	AHBE
874	146	02:20:01	502	ANTONIO DIAS DA SILVA	M 45	INDIVIDUAL
875	28	02:20:01	37	MAYER RAPOSO	M 65	LEBRES DO SADO
876	43	02:21:12	193	MAFALDA ALMEIDA	F 35	ASASNOSPES
877	44	02:21:49	403	SUSANA MENDES	F 35	CCDTML
878	64	02:22:23	466	MARIO PIRES	M 55	INDIVIDUAL
879	45	02:23:19	422	RAQUEL OLIVEIRA	F 35	GDP
880	34	02:24:09	522	Maria Anastácio	F 45	PXC
881	65	02:24:09	521	José Anastácio	M 55	PXC
882	147	02:25:28	480	PAULO GODINHO	M 45	GDBPI
883	46	02:25:34	529	VANDA COVAS	F 35	CORRERLISBOA
884	117	02:26:05	1020	MARIO CONCEIÇÃO MONTEIR	M 35	CDCR CTT SANTAREM
885	118	02:26:05	1017	JOAO CARLOS DA SILVA	M 35	CDCR CTT SANTAREM

**Total de Atletas:** 885